

| Position | Chip time | First Name | Last Name    | Gender | Running Club                   | Age Grade    |
|----------|-----------|------------|--------------|--------|--------------------------------|--------------|
| 1        | 00:05:06  | Mohsin     | Javed        | M      |                                | M35          |
| 2        | 00:05:07  | Andrew     | Simpson      | M      | The Stragglers Running Club    | M40          |
| 3        | 00:05:14  | Paul       | Sharrocks    | M      |                                | M40          |
| 4        | 00:05:19  | Daniel     | Day          | M      |                                | M40          |
| 5        | 00:05:25  | Emma       | Etheredge    | F      | Guernsey AC                    | Senior Woman |
| 6        | 00:05:38  | Andy       | Bowen        | M      | West 4 Harriers                | M55          |
| 7        | 00:05:51  | Paul       | Duffy        | M      | Ealing Eagles Running Club     | Senior Man   |
| 8        | 00:05:57  | Clara      | Pettitt      | F      | Vale Royal AC                  | Senior Woman |
| 9        | 00:06:09  | Huw        | Morris       | M      | Ealing Eagles Running Club     | M55          |
| 10       | 00:06:19  | Billie     | Lever Taylor | F      | Ealing Eagles Running Club     | W40          |
| 11       | 00:06:29  | Laura      | Egerton      | F      | Ealing Eagles Running Club     | W40          |
| 12       | 00:06:38  | Robin      | Jones        | M      | Waveney Valley AC              | M60          |
| 13       | 00:07:06  | Piers      | Jenkins      | M      | Ealing Eagles Running Club     | M55          |
| 14       | 00:07:09  | Piers      | Woolston     | M      | Ealing Eagles Running Club     | M60          |
| 15       | 00:07:34  | Paul       | Roberts      | M      | Ealing Eagles Running Club     | M60          |
| 16       | 00:07:48  | Carol      | Jones        | F      | Ealing Southall & Middlesex AC | W65          |
| 17       | 00:08:01  | Henrietta  | Phillips     | F      |                                | W45          |
| 18       | 00:08:36  | Mary       | Jones        | F      | Waveney Valley AC              | W65          |
| 19       | 00:09:42  | Alan       | Davidson     | M      | Liss Runners                   | M75          |
| 20       | 00:10:32  | Ann        | Bath         | F      | 26.2 Road Runners Club         | W70          |