

Position	Time	First Name	Surname	Gender	Running Club	Age Grade
1	00:04:57	Alex	Veres	M	West 4 Harriers	M35
2	00:05:05	Matt	Weaver	M	Highgate Harriers	M55
3	00:05:07	Mark	Head	M	Tring RC	M45
4	00:05:17	Kieran	Alger	M		M45
5	00:05:43	Peter	Robertson	M	West 4 Harriers	M45
6	00:06:10	Hugh	Woods	M	Wargrave Runners	M35
7	00:06:25	Tim	Ward	M	Ealing Eagles Running Club	M40
8	00:06:27	Terry	Lapins	M	Croydon Harriers	M40
9	00:06:37	Tara	Dodson	F	Ealing Eagles Running Club	W40
10	00:06:52	Jim	Twist	M	Fulham Running Club	W65
11	00:06:54	John	Barron	M	Kent AC	W70
12	00:06:58	Fergal	Dunne	M	Ealing Southall & Middlesex AC	M60
13	00:07:13	Alun	Nash	M		M65
14	00:07:26	Amalia	ILLGNER	F	Ealing Eagles Running Club	W45
15	00:07:43	Adrian	Hunt	M	Thames Hare & Hounds	M60
16	00:07:55	Abi	Barber	F	Ealing Eagles Running Club	W45
17	00:08:10	Carol	Jones	F	Ealing Southall & Middlesex AC	W65
18	00:09:29	Lilian	Agina	F	Ealing Eagles Running Club	W40
19	00:10:01	Caroline	Rush	F	Ealing Eagles Running Club	W60
20	00:10:04	Sarah	Dhanda	F	Ealing Eagles Running Club	W60
21	00:11:52	Becky	Fennelly	F	Ealing Eagles Running Club	Senior Woman
22	00:12:35	Stuart	Pugh	M	Ealing Eagles Running Club	M55
23	00:13:43	Baljit	Dhanda	M	Ealing Eagles Running Club	M60