

WIZZ AIR EALING HALF MARATHON 2026



Sunday 27 September • Walpole Park, Ealing

Welcome to the 14th Wizz Air Ealing Half Marathon!

We're super excited to be bringing the Wizz Air Ealing Half Marathon back to West London this year, with a milestone moment to celebrate alongside it: 2026 marks 15 years since the race was born from the legacy of the London 2012 Olympics.

This year also brings a major new chapter for the event, and you will have spotted the name change. We're thrilled to welcome Wizz Air on board as our new Title Sponsor, kicking off a partnership that will carry the Wizz Air name through to 2028. We're proud to become the newest event to join the Wizz Air Run Series, helping us keep delivering West London's biggest running weekend for years to come. You'll see the Wizz Air branding across the race village, the course and our comms in the run-up to the event – get ready to fly through your 13.1 miles.

Your support over the past year has been phenomenal – thank you for being part of our incredible running community. As the crisp air of early autumn settles over Ealing, we prepare to once again fill the streets with determination, celebration, and the unbeatable #EalingFeeling.

Born from the legacy of the London 2012 Olympics, the Wizz Air Ealing Half Marathon is more than a race – it's a celebration of community, resilience, and personal achievement. Whether you're chasing a PB, running for a cause, or completing your first ever 13.1 miles, you're part of something special.

A heartfelt thank you goes out to the 700 volunteers who make this weekend possible. Give them a wave or a shout-out as you pass – and if you'd like to get involved, head to the Volunteer section of our website. We're always looking for more helping hands.

The weekend kicks off on Saturday 26th with the Ealing Mini Mile, which welcomes over 2,200 children. It's the perfect start to a weekend packed with positivity, inspiration, and the best community running vibe in the UK.

This year we're proud to be raising vital funds for our charity partners, Meadow House Hospice and Shooting Star Children's Hospices.

Soak it up, run strong, and enjoy every step. You've got this.

With thanks,
Wizz Air Ealing Half Marathon



As we like numbers at EHM HQ, here are a few for you...

50,000
ENTRANTS
SINCE 2012



ALL-TIME
COURSE
RECORDS
FEMALE **1:14:45**
MALE **1:04:14**



RECORDS
FOR CURRENT
COURSE
FEMALE **1:15:26**
MALE **1:06:41**

JAMES
MOST POPULAR
MALE NAME

WORD OF MOUTH
IS THE TOP REFERRAL SOURCE



15 YEARS
OF THE WIZZ AIR
EALING HALF MARATHON

228 EALING
EAGLES
RUNNERS



36%
FEMALE • **64%**
MALE



186
RUNNING
CLUBS

AVERAGE AGE

39

700
SUPERB
VOLUNTEERS

SARAH
MOST POPULAR
FEMALE NAME



AWARD-
WINNING
RACE

OVER
£3.5 million
RAISED FOR CHARITY



MOST POPULAR
AGE BRACKET
30-39

25%
FIRST-TIME HALF
MARATHONERS

31 COUNTRIES
REPRESENTED



30 PACERS

2,200
ENTRANTS
IN THE MINI-MILE

...and only **one** Wizz Air Ealing Half Marathon!

Timetable

With thousands of entrants, the race village will be busy. Please arrive early to avoid queues for the baggage marquee and toilets.

07:00	Race Village including baggage marquees open
08:15	Group warm up provided by Everlast Gym Chiswick
08:30	Runners enter the start funnel according to expected finish time
09:00	Ealing Half Marathon & Ealing Feeling 5k start
10:05	First finishers
11:00	Prize presentation ceremony
12:20	Last finishers
13:30	Race Village closes



Medical and Safety

Medical and safety matters are of utmost importance to all at the Ealing Half Marathon. We want you to enjoy your race but if you do suffer illness or injury on the day, our specialist medical team will endeavour to provide the best possible response.

Top tips:

- Make sure you've followed a sensible training plan in the lead-up to race day, building up your long runs gradually so your body is used to the demands of 13.1 miles. If you're unsure whether you're race-ready, speak to your GP or a qualified running coach before the event.
- Listen to your body – if you're not well on the day, please do not run! There will be plenty of other races
- Drink a sensible amount of fluids
- Stick to your tried and tested diet on race day – this is not the time to try new foods or mealtimes
- Make sure your friends know your race number and likely finishing time
- If you do have to drop out, please notify the nearest marshal/first aid point
- Start the race well hydrated and drink whenever you can, especially in the first half of the race, but do not gulp down large volumes of liquid
- Upon finishing, do not stand about getting cold - keep walking and drink a sensible amount of fluid
- Change into dry warm clothes as soon as possible
- Keep taking fluid on-board and have something to eat. Avant natural mineral water will be available immediately after the finish line
- Please remember to fill out all of your details on the back of your race number. This is REALLY IMPORTANT in case there is a medical emergency on the day.
- Mark the front of your Race Bib with a RED X if you have a medical condition.
- All runners must fill in their medical details on the back of their race bib.

Running a half marathon is a significant challenge and not to be taken lightly.



Race day



Race number

All race bibs will be available for **COLLECTION ONLY** this year from **Thursday 24th to Sunday 27th September**. Full details will be in your **Final Instructions email sent in September**. Your personal and emergency details must be written on the reverse of the race number. Race numbers must not be passed onto another runner unless they have been transferred officially online or with the Race Directors knowledge. Any runners who are found doing this will be disqualified. If you are a member of a running club this would have implications for them too under UKA guidelines.



Timing

The race will be **electronically timed** with a timing chip on the back of your race number. Please do not bend the race numbers or pierce the timing chips with safety pins when attaching to your running top as this could affect the function of the chip.

Xempo and Ealing Eagles are providing **pace makers** who will be clearly identifiable and located adjacent to the relevant start zone area.

Xempo pace makers will be guiding runners aiming for times of: 1h30, 1h40, 1h50, 2h00, 2h10, 2h20 and 2h30.

Ealing Eagle pace makers will be guiding runners aiming for times of: 1h35, 1h45, 1h55, 2h05, 2h15, 2h25 and 2h35.

Warm up



A pre-race **warm up** provided by **Everlast Gym Chiswick** will take place in the centre of Walpole Park from 08:15. This session will loosen up the muscles and joints and relax the whole body in preparation for the 13.1 miles that lie ahead.

Race start



The **half marathon** will start promptly at **09:00** and runners should start to assemble in the start zone from 08:20. Look for your pacer according to your estimated finish time and we ask that you assemble in the most appropriate zone for the enjoyment and safety of all runners. The half marathon will start first, then the Ealing Feeling 5k.

Ealing Feeling 5k runners, please wait in Walpole Park until told to move forward.



Water stations

- We would request that you be as self-sufficient as you can. **Please bring your own water** and reduce your need to use drinks stations.
- Water will be available to runners in 200ml bottles at our 3 official water stations which are at approximately 4, 6 and 9 miles, as well as after the finish line.
- Please try to dispose of your bottle safely in or close to the bins provided on the course. A recycling service for the plastic bottles will be in place.
- Take one bottle of water from each drinks station, if needed.
- If you don't use all the water, tip the remainder out and look to use bins for recycling.
- Please see our sustainability section on our website for further information on our sustainability policy www.ealinghalfmarathon.com/sustainability



Spectators

Your **family, friends and colleagues** are welcome to come along and support you on the day. The Race Village in Walpole Park will be very busy at the start and finish, but there are plenty of great vantage points nearby. We suggest the following areas, some of which benefit from being passed twice by runners:

- Uxbridge Road
- Pitshanger Lane
- Drayton Bridge Road
- Cuckoo Avenue

Baggage



This year, we would like to request that if possible, you do not bring a bag, or alternatively, you leave your bag with your supporters.

If you need to bring a bag, you have been provided with a baggage tag attached to the bottom of your race number. Please tear this off and fix this tag securely and deposit your bag to baggage according to your race number. The baggage area will be a secure area. It will be staffed at all times, but race organisers cannot accept any responsibility for any damage or loss. Please do not leave any valuables in your bag.

Prizes



A generous selection of **prizes** from Ealing Half Marathon and Up and Running are on offer for runners in a number of categories, including all the usual age categories in addition to Ealing residents and fancy dress prizes. Visit the website www.ealinghalfmarathon.com for the latest prize list.



Charity Partners 2026

Ealing Half Marathon has helped runners raise over £3.5 million for a huge number of various charities over the years. You can continue to support those in need by choosing to run for a cause. We are proud to announce our Headline Charity Partners to run for in 2026.



Please visit our website to find out more about running for one of our charity partners: www.ealinghalfmarathon.com/charity

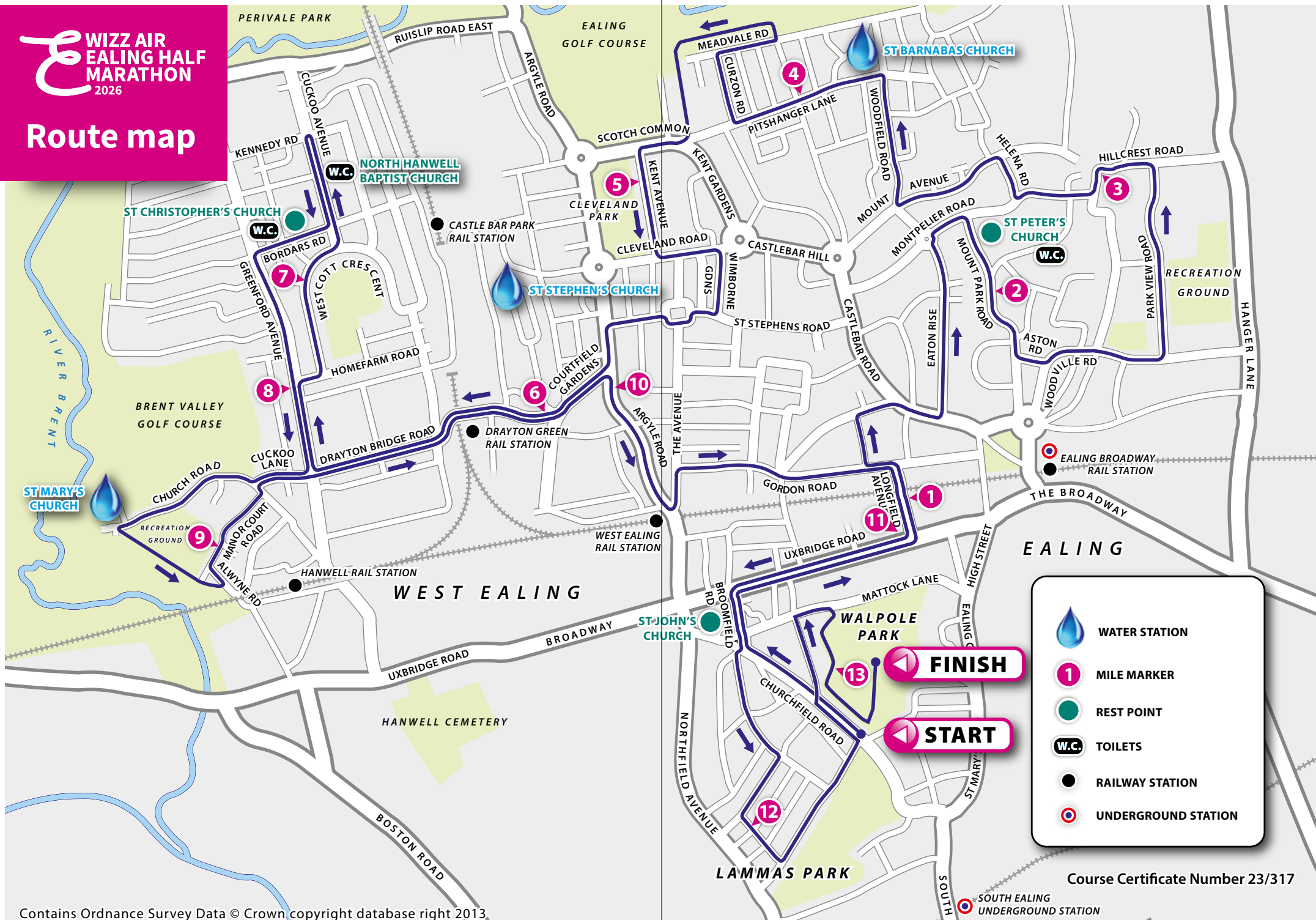


Ealing Half Marathon has raised **over £3.5 million** for various charities since 2012.

Our main aim is to continue to improve on this amount year on year to allow for an exceptional and unique fundraising opportunity in West London.



Route map





Finish Zone

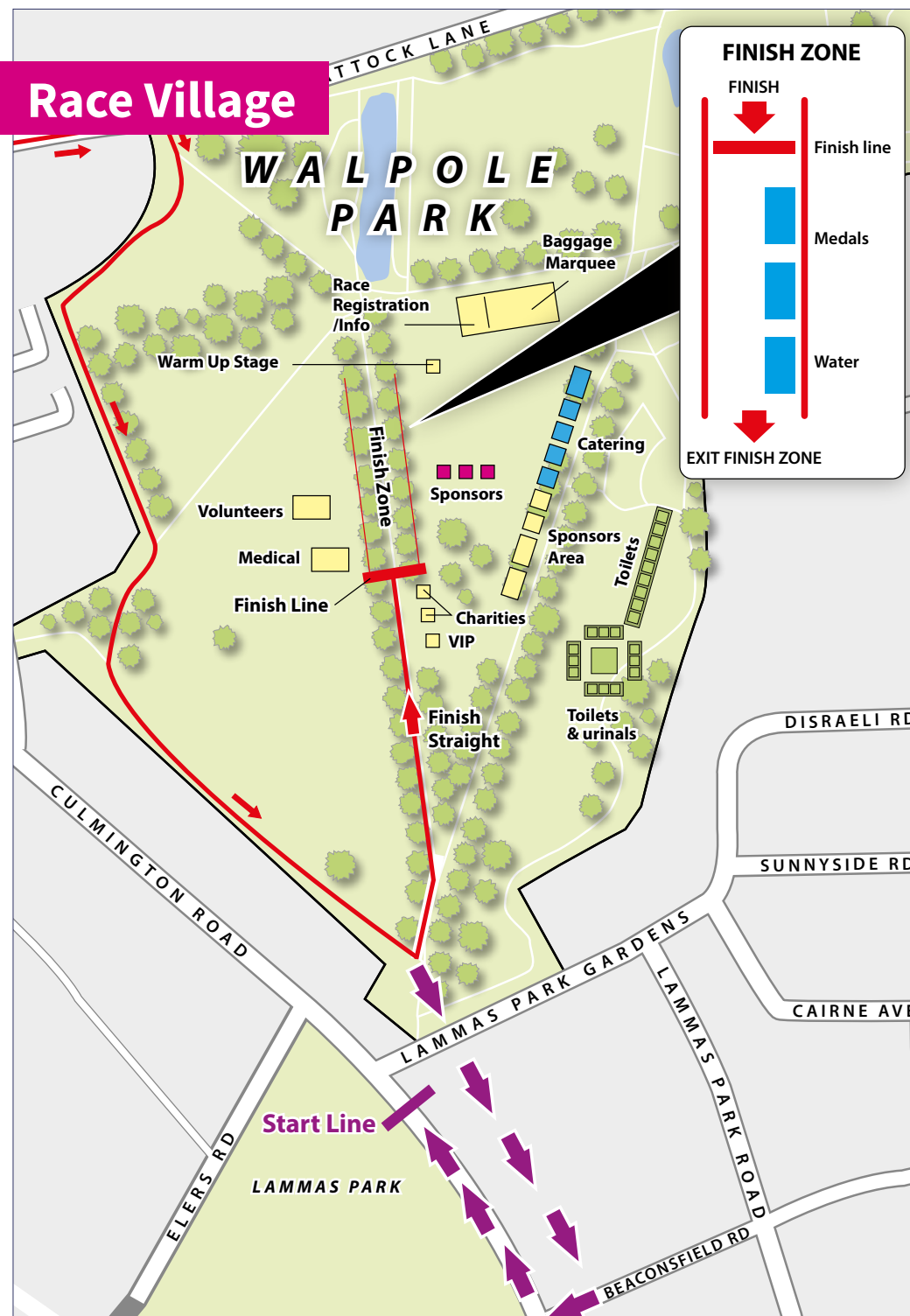
After you cross the finish line, **you must keep moving forward** to avoid impeding other runners in their sprint finish. After finishing you will progress through the finish zone, which is accessible to runners only, where you will:

- Be given a Wizz Air Ealing Half Marathon 2026 commemorative medal
- Collect additional goodies available on the day
- Collect a 200ml bottle of Avant natural mineral water

After leaving the finish zone you can join family, friends and supporters and retrieve your baggage



Race Village



Public Transport

The Race Village is very well served by public transport.

London Underground

Northfields Station on the Piccadilly Line (Heathrow Branch) is within a 10 minute walk of the Start/Finish area.

Ealing Broadway Station on the Central and District Lines, is a 15 minute walk from the Start/Finish area.

Please go to the TfL Journey Planner for more details: www.journeyplanner.tfl.gov.uk

Rail

Elizabeth Line and Mainline from London to Ealing Broadway Station which is a 13 minute walk from the Start/Finish area.

From the West, Ealing Broadway is served by trains from Slough, Maidenhead, Reading and beyond.

Please note that West Ealing & Hanwell stations may not be operational on Sundays.

Bus

Route 65 (Richmond-Ealing) – alight at Bond Street, which is a 5 minute walk from the Start/Finish area

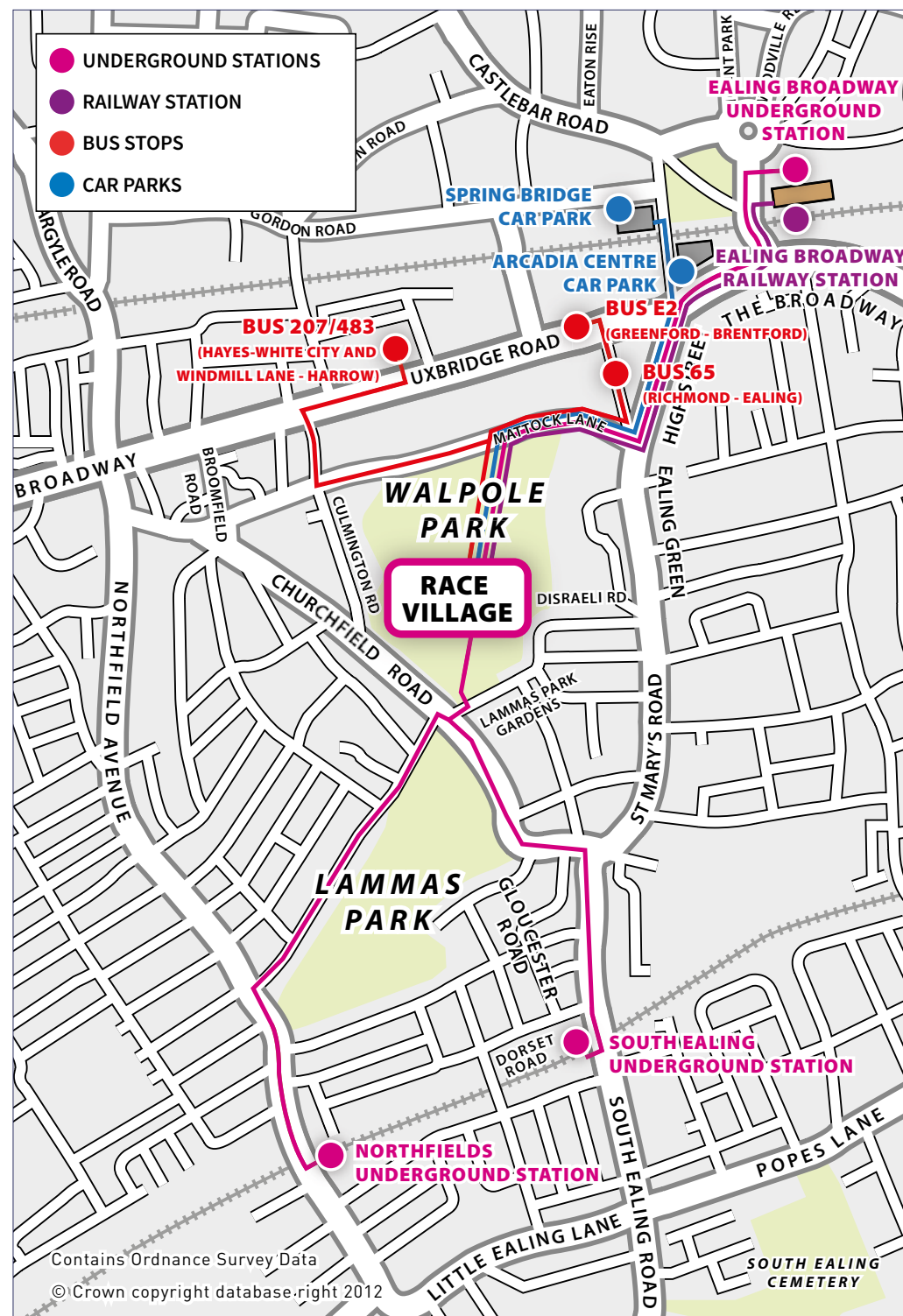
Route 207/483 (Hayes-White City and Windmill Lane - Harrow) – alight at Ealing Police Station which is a 7 minute walk from the Start/Finish area.

Route E2 (Greenford-Brentford) – alight on the Uxbridge Road which is adjacent to the Start/Finish area.

Driving and car parking

If you are driving to the event, please try to car-share with other participants to minimise the environmental impact and disruption to local residents. Please leave enough time to park and walk to the Race Village. Road closures will come into effect before the start of the event and there will be no parking on the roads surrounding the Race Village.

Please note that there is no dedicated car park for the Ealing Half Marathon. There are, however, two car parks operated by Ealing Council within walking distance of the Race Village. These car parks require payment even on Sundays so please ensure you have some coins handy.



Be a High-Vis Hero!

You don't have to be a runner to enjoy Ealing's biggest event of the year. Each year, hundreds of volunteers get involved and have a great time making the iconic Ealing Half Marathon such a wonderful success for the runners and spectators alike, resulting in us winning the accolade of the Number One Best Half Marathon three years in a row.

Each year we need about 700 volunteers to make this event as great as it is. You can volunteer right after the 2026 event for the following years race.

We'll be putting together a volunteer team of almost 700 people, looking after the race village in Walpole Park, and out on the roads of Ealing guiding the runners and helping local residents. It's a fun & rewarding experience for all and we'd love you to get involved! You will need to be able to give between 4 to 6 hours on the day depending on where you are volunteering.



Reasons to volunteer:

Not only is it a great community event to take part in but each registered volunteer who completes their role gets a breakfast roll, drink and a FREE RACE PLACE for the following years event (this must be claimed by the 31st December otherwise you will miss out) so it's a great incentive.

HERE IS A GUIDE TO NEVER PAYING FOR ANY OF OUR RACES BY VOLUNTEERING...

Step 1. Volunteer and earn a FREE race place.

Step 2. Run the following like for like race.

Step 3. Repeat step 1 & 2.

Simple as that. Volunteer one year, run the next. Never pay. Run FREE!

Does your company do a volunteering scheme?

We would love to have you at our event, we can take teams as well as individuals so get in contact and we'll be happy to discuss your company getting involved. Email us at info@ealinghalfmarathon.com

Still want to help but can't volunteer?

How about sharing a tweet/Facebook post for us throughout the year? Just copy paste the following:

RUN FOR FREE! Be a High-Vis Hero. Volunteer at Ealing Half Marathon and get a free place in the following years race, register now at: www.ealinghalfmarathon.com/volunteer



Every race deserves a reward.

Whether you're chasing another PB in **Rome**,
exploring **Mykonos**, relaxing in **Mallorca**
or discovering somewhere completely new,
WIZZ can take you there.



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GOOD LUCK, RUNNERS!

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FOLLOW YOUR TRAIL

[EALINGTRAILFINDERS.COM/TICKETS](https://ealingtrailfinders.com/tickets)



Proud to Sponsor the Ealing Half Marathon 2026



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Excellence in Care, Compassion in Action

Thank you so much to all our runners taking part in the Ealing Half Marathon.

Together we can make a difference for our community!

“ I’m a patient at Meadow House Hospice regularly. I’ve always had great admiration for the NHS and Meadow House stands at the pinnacle of **dedication and kindness.** ”

”

From start to finish

Our Events Cleansing Team will ensure your event site looks like a real winner, from start to glorious finish.

We take care of all aspects of event cleanliness, from pre-event deep cleans to meticulous post-event clear-ups, and we can be on hand, on site throughout.

Photo credit: Jake Bush

EVENTS CLEANSING SERVICES

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- General & recycling bins supply & emptying
- Food waste collection & management
- Pavement & bin washing

Request a quote at [greenerealing.co.uk](https://www.greenerealing.co.uk)



WESTSIDE BROADCASTING LIVE

from Ealing Half Marathon

Sunday 27 September

Live race updates from Westside's Shaniyaa & Theo who will be running in the event.

Live reports from the start line from Community News presenter Jada.



Shaniyaa



Theo



Jada



WESTSIDE ARE PROUD SUPPORTERS OF EALING HALF MARATHON

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Marathon for Shooting
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[Click here to start fundraising today.](#)

OR

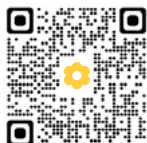
[Click here to make a one off donation](#)



Best of luck to everyone running the Ealing Half Marathon 2026

Looking for a unique way to celebrate your race? Why not add your name and time to my illustrated map print of the Ealing Half Marathon route.

Visit my website or find my stall with all my West London prints, cards and tea towels in the Race Village.



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* Only available on 27/09/26 for Ealing Half Marathon illustrated prints

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The Mile Series

The Ealing Mile is held on the first Friday of most months in Lammas Park, Ealing at 12:30pm (please check the registration page to see which months are being hosted). Aiming to help promote physical activity in general, the Ealing Mile is a fast, friendly and fun lunchtime race.

Anyone is welcome to run, jog or walk our officially measured UKA mile course and we regularly welcome school and corporate teams.

More details available at www.ealinghalfmarathon.com/the-ealing-mile



Ealing Eagles Running Club



ealingeagles.com

Ealing Eagles Running Club is a friendly and social running club in Ealing, founded in 2009 for runners and joggers of all standards, from beginners and novices to expert racers, in the Ealing, Perivale, Greenford, Hanwell, Northfields, Brentford and Acton areas.

Full details on training and club runs can be found on our website www.ealingeagles.com

Sponsors, Partners and Supporters



Thank you

A massive THANK YOU to each and every one of our volunteers. Ealing Half Marathon couldn't take place without you, and we are in awe of your efforts year on year.

Thanks to everyone who has supported us over the years. We are so grateful to you all for everything you have done to help us get to this point.

There are so many unsung heroes, we just want you to know that we know what you did and are forever grateful.

Most runners won't ever see the work that goes on behind the scenes, thanks to all the high-vis heroes.

And if you volunteered, we might see you next year running using your free volunteer Ealing Half Marathon place! Please make sure to use your code which will be sent in October via email, by **31st December 2026**. These codes cannot be transferred to or used by another person or deferred until the following year. They are a thank you specifically for you and your hard work.

The Globe Brentford • St Peter's Church Ealing • St Barnabas Church Ealing
St Stephen's Church Ealing • St Christopher's Hanwell
St Mary's Church Hanwell • St John's Church Ealing • Ealing Eagles Running Club
GoodGym Ealing • WeRunEaling • Running Cards UK • LifeRight Radio
Hanwell Community Centre • Katy Dawkins Graphic Design
London Ambulance Service • London Fire Brigade • Metropolitan Police Service
Ealing Council • Top Gear Sounds • LifeRight Radio • Hanwell Carnival
UK Athletics • Scimitar • England Athletics
All our volunteers



Race Organiser

Race Director Sandra Courtney

Email: info@ealinghalfmarathon.com

In memory of Godfrey Rust



This year we said goodbye to one of our own. Godfrey Rust – a founding member of the local Ealing Eagles Running Club and one of our true ever-presents. Godfrey had run every single Ealing Half Marathon, lining up once again last year even while he was unwell. Godfrey was a fierce supporter of this race, a mentor to countless Eagles, and a dear friend to so many of us. In 2024 we had the honour of Godfrey starting the race, sending our runners on their way one last time. An extraordinary man who gave so much to this community, he will be deeply missed. **This one's for you, Godfrey (aka The Bald Eagle).**

WIZZ AIR EALING HALF MARATHON 2026

www.ealinghalfmarathon.com

#EalingFeeling



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